

The 5th Hong Kong Transplant and Dialysis Games

(Form 1) Event Selection For Transplant Patients / Cadaveric Donor Families (age <18) & Living Recipients (Doubles Events)

1. Age groups: The age of participants as of 10 October 2024.
2. Please tick the box beside the event you wish to sign up.
3. For doubles and mixed doubles, choose either one. Age handicap applies (i.e. the dual will compete in the age group based on the younger of the two).
4. As different sports will be held at different venues at the same time each day, participants are only allowed to participate in one sport each day, except for the swimming events in the morning of 12 October. Participants may take part in the afternoon track and field or darts events, but they should take into account their own physical ability.
5. Individuals are allowed to participate in 4 track and field events (2 tracks and 2 fields, 3 tracks and 1 field or 3 fields and 1 track. Relay events are not counted).
6. Individuals are allowed to participate in 4 swimming events (Relay events are not counted).
7. For the lawn bowls events, participants of age <70 will be divided into men's and women's categories irrespective of their age. Participants of age >70 will play irrespective of their gender.
8. For 4x50m Swimming and 4x100m Racewalk Relays, each team must be a combination of 2 men and 2 women.
9. All team events (Gate ball, Living Donor/Recipient Event, 4x50m Swimming, 4x100m Running Relay, 4x100m Healthcare Relay, Doctor-Patient Event and Cheerleading Competition) must be enrolled through the unit they belong to.
10. The Living Donor/Recipient 2x60m Head-to-Head Relay only accepts living transplant recipients age >5 and their donors to participate together.
11. The Living Donor/Recipient 2x25m Head-to-Head Relay Programme only accepts living transplant recipients aged 5 below and their donors to participate together.
12. Living donors and Deceased donors' family aged >18 are eligible to participate in some of the events. Please refer to the "Application Form 4".

Remarks: The following participants are required to provide cardiopulmonary stress test results, which should be completed within 6 months before the competition (not earlier than 20 April 2024).

1. Men and women with heart or lung transplants;
2. Men and women with previous or suspected cardiovascular disease;
3. All transplant and dialysis participants aged 50 or above attempting high load sports;
4. Male dialysis participants aged 50 or above and female dialysis participants aged 55 or above who wish to participate in table tennis competition.

